



NO. 1 DOMESTIC SPA

Retreats at the Ranch in Malibu balance challenging hikes with on-property pampering.

DESTINATION SPAS

Demand for wellness travel is only growing, with T+L readers relying on trusted brands for their mind-body vacations.

15 BEST DOMESTIC SPAS

1. **The Ranch Malibu**
California 97.18
This celebrity favorite in the Santa Monica Mountains retains its No. 1 spot for a second year—thanks to intimate weeklong programs focused on challenging hikes and plant-based cuisine.
2. **Canyon Ranch Lenox**
Massachusetts 93.70
3. **Hilton Head Health**
South Carolina 93.68
4. **Golden Door**
San Marcos, California 92.50
5. **Canyon Ranch Tucson**
Arizona 92.36
6. **Cal-a-Vie Health Spa**
Vista, California 92.00
7. **Mil Amo**
Sedona, Arizona 91.41
8. **The Lodge at Woodloch**
Hawley, Pennsylvania 90.70 ★
9. **Miraval Austin**
90.24
10. **Shou Sugl Ban House**
Water Mill, New York 90.14
11. **Lake Austin Spa Resort**
Austin 90.05 ★
12. **Ten Thousand Waves**
Santa Fe 89.93
13. **Miraval Arizona**
Tucson, Arizona 89.72
14. **Civana Wellness Resort & Spa**
Carefree, Arizona 87.86
15. **Miraval Berkshires**
Lenox, Massachusetts 87.39

5 BEST INTERNATIONAL SPAS

1. **The Ranch Italy at Palazzo Fluggi**
Fluggi, Italy 98.42
Less than an hour from Rome, this lavish hilltop resort now hosts the first International iteration of the rigorous wellness program that has made the Malibu, California, original such a hit with T+L readers.
2. **Chiva-Som**
Hua Hin, Thailand 98.82
3. **Ananda in the Himalayas**
Uttarakhand, India 95.73
4. **Rancho La Puerta**
Tecate, Mexico 95.63 ★
5. **Terme di Saturnia**
Saturnia, Italy 94.67

★ — ON THE LIST FOR THE PAST 10 YEARS